Ointments, Salves, Creams & Lotions:

Introducing **YogAloft Naturals** All Natural Face and Body Products. We offer our very own homegrown, homemade plant-based remedies for basic skin and body maintenance. Please be aware that these products are prepared in small batches using fresh plant material only. For this reason, availability can not always be guaranteed. Although we try our best to achieve product consistency, some variations do typically occur from one batch to another. Also, we provide an opportunity to learn how to make your own herbal preparations at our
Annual Herb Walk
. See the plants growing in the garden or in the wild, learn their properties and uses, and how to prepare the remedies yourself. Our next scheduled Annual Herb Walk will be listed on the Events page around the time that it will be offered (different time each year). If you would like to have your name added to our
Annual Herb Walk Email List
, please contact us at info@yogaloftwellness.com.

Arnica Salve
Made with homegrown Arnica flowers (summer) or with Arnica roots (spring and fall), organic olive oil, and locally produced beeswax. This salve is a must for muscle aches and pains, joint pain, swelling or inflammation, bruises or contusions, bruised bones, sprains, and broken bones. NOTE: Arnica Salve is not meant to be used on broken skin, cuts, or wounds. However, as an effective, sweet smelling topical for sore body parts it is indispensable.

Mint Calendula Salve*
Made with freshly grown Mint and Calendula from the garden, organic olive oil, and locally produced beeswax. Combine the soothing, cooling benefits of Mint with the healing qualities of Calendula and you have a wonderful skin preparation. This is THE BEST LIP BALM you will ever find. Used for anything from chapped lips, cracked heel, dry skin patches, callouses, and dry elbows. Also very useful as a skin barrier in particularly cold or hot climate conditions, Mint Calendula Salve is an excellent addition to any
NATURAL FIRST AID KIT
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Comfrey Salve*
Made with homegrown Comfrey root, organic olive oil, and locally produced beeswax. Comfrey is one of the best skin and wound healing plants known to man. It has been used to provide relief from haemorrhoids, bed sores, cuts, wounds, burns, bruises, and broken bones, as well as counteracting the effects of ageing skin. Comfrey Salve is an absolute MUST for every home pharmacy.

Plantain Lemon Balm Salve*

Made with wildcrafted plantain and homegrown lemon balm, organic olive oil, and locally produced beeswax. Plantain has long been used to help draw out infection from wounds, sooth abrasions, and bring down swelling. Children in the past knew to chew up plantain leaves and apply the ready-made poultice to a bee or wasp sting. Lemon balm (melissa officinalis) provides a cooling effect to swollen, inflamed skin conditions such as insect bites, gout, eczema, and psoriasis. Together, Plantain and Lemon Balm make a wonderful healing balm worthy of any mediine cabinet or first aid kit.

Costmary Salve - Relatively unknown in North Amercia, Costmary is a lovely British herb. Costmary Salve has been used for boils, hives, red, swollen skin, for bee and wasp stings, as a wonderful after-bite, and even for gout. It is our new `wonder herb`!

Cost: 60ml or 2 oz. jars. $20.00 per jar plus shipping and handling. (**Note:** Comfrey Salve also available in smaller containers for travel and purse for $7.00 per jar while quantities last).

TO ORDER: Call 705-389-1669 or Email: info@yogaloftwellness.com. We use Canada Post for shipping and PayPal for payment.

***Please note:** wounds must be very well cleaned and sterilized before applying any wound healing agent.

CREAMS AND LOTIONS:

YogAloft Naturals offer a line of Scented and Unscented Creams and Lotions made by reputable small batch producers. Important note: Our scents are created here at YogAloft Wellness Retreat using only pure, therapeutic grade essential oils. And, when we say "Unscented" we mean exactly that: no scent, no perfumes, or additives; ideal for individuals with sensitive skin, allergies, or environmental sensitivities.

YogAloft Naturals Moisturizing Cream
Available Scented and Unscented.
YogAloft Naturals Moisturizing Cream is a natural face cream which provides medium coverage: not overly heavy or light. Our unique blend of essential oils includes Palo Santo from Ecuador, a powerful and effective skin remedy promoting healing and cell growth. Typically used for pernicious skin conditions such as dermatitis, eczema, and psoriasis, we decided to include Palo Santo in our YogAloft Naturals Moisturizing Cream (Scented) for everyday use. Experience a daily aromatherapy treatment as you moisturize your skin.

YogAloft Naturals Body Lotion
Available Scented or Unscented.
Our all natural YogAloft Naturals Body Lotion is a light, non-greasy body lotion which absorbs well into the skin. The Scented version includes the refreshing essential oil of Neroli (orange blossoms), reknowned for its soothing effect on the skin, and calming influence on the mind. Lather yourself with self-care and enjoy the balancing effects of pure, therapeutic grade essential oils.

Cost: $20.00 per jar or bottle.